The Sabbath Day

Reverently \( \frac{q}{d} = 60 \)

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Watch a sing-along video for this song at children.lds.org. Click on “Videos and Music.”

Words and music by Nathan Howe

C  F  G  Am  Em  F  G7  C

1. Hands are still, heart is full, as I think about what I hear.
2. I prepare long before Sunday morning comes once again.
3. In my home, I’ll be kind and invite the Spirit to stay.

As I take the sacrament, I can feel the Savior near.
I am confident and clean; I’ve repented of my sins.
Making Sunday a delight, not like any other day.

C  F  G  Am  Em  F  G  F

On this day I’ll choose the right And remember Jesus Christ,

C  F  G  Am  Em  F  G7  C

Serve my Savior by the way That I keep the Sabbath day.